## **Des Plaines River Water Trails**

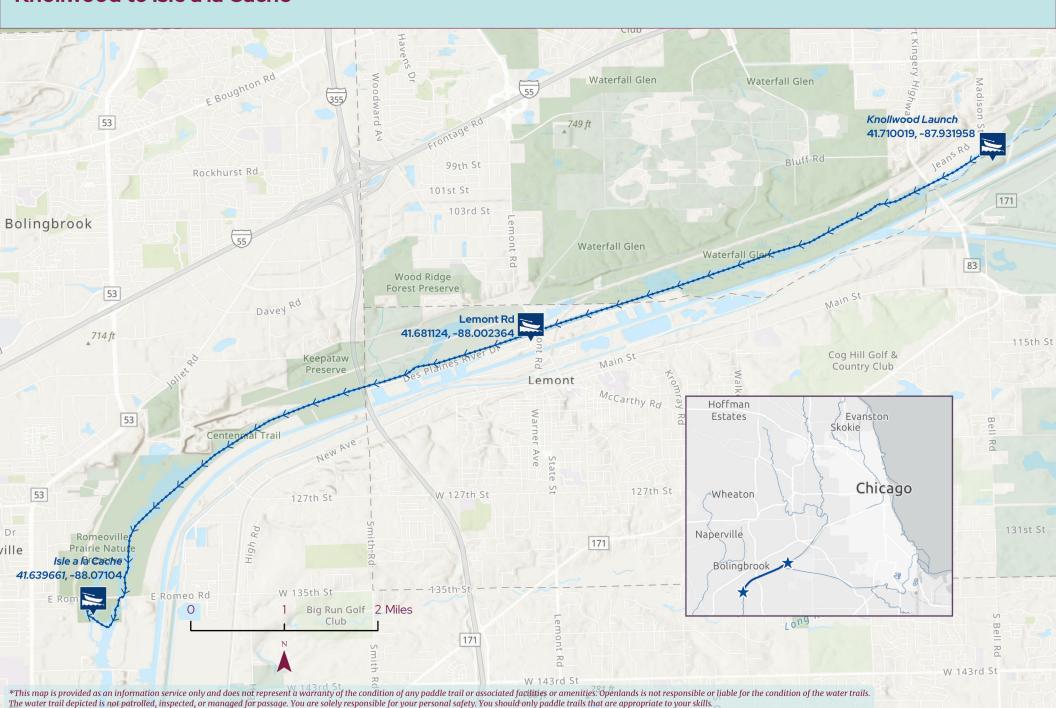
Knollwood to Isle a la Cache

Skill Level: Intermediate\*

Trail Length: ≈9 miles







Do not paddle when water levels are too low to allow for passage or when water levels are high, currents are fast and/or rivers and streams are in flood stage; if in doubt, do not go on the water.

Protected lands courtesy of Prairie State Conservation Coalition's IVIEW dataset. Map created 2024.